The Role of Navigation in a Changing Healthcare Environment

Presented by Lisa Simms Booth
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Objectives

• Define the oncology navigation landscape related to value based cancer care.
• Discuss the Biden Cancer Initiative and our vision to help change the way we care for patients.
“We at the Biden Cancer Initiative will do all in our power to create a system that fosters innovation and creativity, rewards risk-taking, and gives patients what they deserve – a system that puts saving lives above anything else.”
OUR PRINCIPLES

1. Share data and knowledge
2. Ensure affordable access to the best in care for all people
3. Bring patients into the design of our research and care systems
4. Reduce disparities in cancer outcomes
5. Put progress ahead of personal gain
6. Find new solutions, disseminate
7. Help people navigate their cancer journey
ADVISORY GROUPS

1. Data Sharing
2. Data Standards
3. Clinical Trials
4. Prevention
5. Patient Navigation
6. Cost and Access
Key Milestones in Navigation

• American Cancer Society Hearings on Cancer in the Poor (1989)
• Harlem Cancer Education and Demonstration Project (1990)
• Patient Navigator Outreach and Chronic Disease Prevention Act (2005) which established the Patient Navigator Research Program.
• Academy of Oncology Nurse Navigators (AONNN) incorporated (2009), changed name in 2013 to Academy of Oncology Nurse & Patient Navigators (AONNN+)
• ONS, AOSW, NASW Joint Position on Role of Oncology Nursing and Oncology Social Work in Navigation (2010)
• Patient Protection and Affordable Care Act (ACA) (2010) includes Patient Navigation
• Oncology Nursing Society published Oncology Nurse Navigation Core Competencies (2013); revision in 2017
Evolution of Navigation

1970’s Utilization Review
Post-stay review of patient chart to identify medical necessity or lack thereof for those stays/services.

- **1980’s Utilization Management**
Concurrent chart review to identify delays in treatment/release from hospital. UM nurses identified issues and worked with healthcare teams to improve care delivery.

- **1990’s Case Management**
Worked directly with healthcare teams and patient to improve efficiency, increase adherence, & link patients to resources within hospital and outside.

- **2000’s Patient Navigation**
The benefits of case management overlapped with the emergence of patient navigation. Navigation was seen as a way to address disparities and improve access to care by continuing the hands-on collaborative approach for patients.

• The growth of value-based care is key to the evolution of navigation. Value-based care is very coordinated, patient centered solution to address cost, barriers to care and help patients get the care they need.

• The goal of value-based care is to empower patients to participate in their care; navigation is critical to this goal as bringing the patient into the decision making process of their care is key to navigation.
Measuring Quality of Care: The Landscape Shift in Healthcare

Driven by the “Triple Aim” of healthcare to:
1. Improve the patient experience of care
2. Improve the health of populations
3. Reduce the per capita costs of medical care

National standards to adhere with value-based care are now propelling cancer programs to be accountable to measure:
1. Quality of care delivery
2. Cost
Navigation has evolved from several key community programs that had navigation components:

- 1990 Harlem Hospital Program
- 2000 – Long Island Hospital, Breast Health Navigation Program
- 2005-2010 – NCI – Reduce Cancer Health Disparities Community Networks Program
- 2006 – Patient Navigator Research Program – nine sites across the country
The overarching mission of this workgroup will be to focus on a plan that will move us closer to more implementation of patient navigation programs across the country.
Patient Navigation – Problem Statement

• Over the past decade, the use of patient navigators has grown significantly across the country. While the impact of patient navigation is demonstrating improved patient outcomes, several foundational issues surrounding patient navigation have impeded its broader growth and limited the opportunity to assist more patients in need of that help.
The Foundational Barriers to Patient Navigation

- Varied definitions of patient navigation
- The lack of uniform
  - Best practices
  - Accreditation
  - Role delineation
  - Standardized evidenced-based metrics in the domains of return on investment, clinical outcomes and patient experience
  - Issues related to policy and payment.
Building a Successful Navigation Model

- Policy/Payment
- Acuity
- Metrics/Reports/National Benchmarks
- Training/Competencies/Curriculum
- Harmonization within professional groups, navigation definition, and role delineation
Our Working Group

- Danelle Johnston, Chair, CNO, The Lynx Group, Academy of Oncology Nurse & Patient Navigators
- Clara Lambert, Oncology Financial Navigator, Advocate Good Samaritan Hospital
- Monica Dean, Director, National Navigation Roundtable, American Cancer Society
- Lisa Simms Booth, Staff, Liaison Sr. Dir of Patient & Public Engagement, Biden Cancer Initiative
- Elizabeth Franklin, Executive Director, Policy & Advocacy, Cancer Support Community
- Katherine Rice, Director of Practice Operations, Centra Alan B. Pearson Cancer Center
- Tricia Strusowski, Manager, Chartis Oncology Solutions
- Hope Krebil, Executive Director, Mid-West Cancer Alliance
- Brenda Nevidjon, Chief Executive Officer, Oncology Nursing Society
- Jennie Crews, Medical Director, Seattle Cancer Care Alliance Network
- Beth High, Clinical Program Manager Navigation/Surivorship/NAPBC, University of Arizona
Navigation’s Moment of Opportunity

• Critical time for navigation with several national initiatives focused on the issue –
  • Biden Cancer Initiative Working Group
  • National Navigation Roundtable – American Cancer Society initiative – The Roundtable, launched in 2017, is a national coalition of over 50-member organizations and invited individuals, dedicated to achieving health equity and access to quality care across the cancer continuum through effective patient navigation.